

External to ourselves we control nothing

- We do not control what we will do day to day
- Even a great king has no control over his

kingdom.



We are commanded to control ourselves

- Proverbs 25:28 Like a city whose walls are broker through is a person who lacks self-control.
- Proverbs 16:32 he who is slow to anger ...
- 2 Peter 1:5-7 faith, knowledge, self control
- I Corinthians 9:24-27 everyone who competes
- 2 Timothy 1:7 discipline
- 2 Timothy 3:2-5 without self control
- Titus 1:8 self controlled

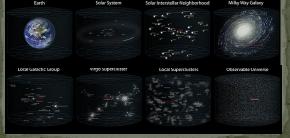
Specifically told to control our words

- Matthew 15:15-20 that proceed out of the mouth
- James 3:1-12 if does not stumble in what he says ...
- James 1:26 and does not bridle his tongue worthless
- Proverbs 21:23 he who guards his mouth
- Ephesians 4:29 let no unwholesome word ...
- Psalms 34:13 keep your tongue from evil
- Proverbs 17:28 even a fool, when he keeps silent .
- Proverbs 18:21 death and life are in the ... tongue
- 1 Peter 3:10 must keep his tongue from evil
- James 4:11-12 he who speaks against a brother ...

And our thoughts

- 2 Corinthians 10:1-5 take every thought captive
- Philippians 4:8 whatever is true ... dwell on these
- Colossians 3:5-10 put aside anger, wrath, malice
- Romans 12:2 be transformed by the renewing of your mind
- Mark 7:20-22 for from within, out of the heart of men proceed the evil thoughts ...

Relax, God is in control • Genesis 1 – God created it all



God is in control

- Daniel 4:28-37 Nebuchadnezzar Romans 8:28 God causes all things to work for good 1 Timothy 2:4 desires all to be saved John 3:16 For God so loved the world Matthew 6:25-34 do not be anxious Romans 8:31-39 If God is for us who is against us? Luke 12:24 Consider the ravens Hebrews 13:5 be content with what you have James 4:2-4 you ask and do not receive Colossians 3:1-2 set your mind on the things above Matthew 6:33 seek first the kingdom of God